

Sizzlin' **Skillets**

ADD TOAST TO ANY SKILLET 160-280 Cals 2.59

BOURBON CHICKEN SIZZLIN' SKILLET

A grilled seasoned chicken breast covered with a bourbon glaze atop seasoned red potatoes, broccoli, fire-roasted bell peppers & onions and mushrooms. 860 Cals 20.59

CRAZY SPICY SIZZLIN' SKILLET

Crumbled chorizo sausage, fire-roasted bell peppers & onions, mushrooms, jalapeños and seasoned red potatoes. Topped with grilled seasoned chicken breast, cheddar cheese, a spicy 5-pepper sauce and Pepper Jack queso. 810 Cals 20.59

ADD TWO EGGS* (GF) 110-170 Cals 2.49

MAC 'N BRISKET SIZZLIN' SKILLET NEW!



Slow-smoked brisket served over a bed of mac 'n cheese. Topped with three onion rings and BBQ sauce. 990 Cals 24.99

BRISKET KICKER BBQ SIZZLIN' SKILLET

Slow-smoked brisket burnt ends served over a bed of crispy hash browns with fajita vegetables and cheddar cheese. Topped with onion rings and BBQ sauce. 1080 Cals 24.99

ADD TWO EGGS* GF 110-170 Cals 2.49 ADD SLICED JALAPEÑOS (F) 10 Cals 1.49

BUTTER CHICKEN SIZZLIN' SKILLET

Grilled seasoned chicken breast covered with a mild butter chicken curry sauce atop whole grain rice and fire-roasted bell peppers & onions, 860 Cals 20.59

Please advise your server about food sensitivities & ensure you speak to a manager regarding any allergies.

Adults and youth (ages 13 and older) need an average of 2,000 calories a day, and children (ages 4 to 12) need an average of 1,500 calories a day. However, individual needs vary. Additional nutrition information available upon request.

GF indicates food options that are **GLUTEN-FREE**. Menu items marked as **GF** meet the FDA specified definition of less than 20 parts per million for a gluten-free claim. Please note that our restaurants are not set up as a strictly gluten-free environment. Due to shared preparation and cooking areas in our kitchens and the risk of cross-contact, we cannot quarantee that any item is free of any allergen. We do not maintain halal or kosher kitchens.

*EGGS SERVED OVER-EASY. POACHED. SUNNY-SIDE-UP OR SOFT-BOILED AND STEAKS THAT ARE SERVED RARE OR MEDIUM-RARE MAY BE UNDERCOOKED AND WILL ONLY BE SERVED UPON THE CONSUMERS' REQUEST. NOTICE: CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS.

Comfy Classics



SIRLOIN STEAK*

A Canadian 8 oz. seasoned sirloin steak* Served with two sides and dinner bread. 890-1510 Cals 22.99

(GF) when you choose two Gluten-Free sides and the Gluten-Free English Muffin

A tender 13 oz. seasoned T-Bone steak. Served with two sides and dinner bread. 890-1510 Cals 25.49

(GF) when you choose two Gluten-Free sides and the Gluten-Free English Muffin

COUNTRY-FRIED STEAK

Two Southern fried chopped beef steaks smothered in country gravy. Served with two sides and dinner bread. 1120-1740 Cals 18.99

FISH & CHIPS

Three wild-caught white fish fillets fried golden-brown. Served with tartar sauce, wavy-cut fries plus one additional side and dinner bread. 1080-1390 Cals 18.99

PLATE LICKIN' CHICKEN FRIED CHICKEN

Golden-fried boneless chicken breasts smothered in country gravy. Served with two sides and dinner bread. 750-1380 Cals 19.99

PREMIUM CHICKEN TENDERS

Premium golden-fried chicken tenders with choice of dipping sauce. Served with two sides and dinner bread. 820-1440 Cals 18.99

ROAST TURKEY

Tender carved turkey breast, savoury stuffing, gravy and cranberry sauce. Served with two sides and dinner bread. 1450-2070 Cals 18.99

OVEN-BAKED LASAGNA NEW!



Pasta shells stuffed with four cheeses and seasoned beef, smothered in an Italian sausage & beef sauce and topped with cheese. Served with dinner bread. 1130 Cals 19.29 Additional baking time required.

BROOKLYN SPAGHETTI & MEATBALLS

Seasoned meatballs atop a bed of pasta covered in tomato sauce and served with dinner bread. 1080 Cals 18.59

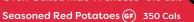
MAMA D'S POT ROAST BOWL

Slow-cooked pot roast atop mashed red potatoes with roasted carrots, celery and onions all covered in rich gravy. Served with dinner bread. 630 Cals 19.99

Dinner Sides

Sweet Petite Corn (GF) 120 Cals Seasonal Vegetable (GF) 50 Cals Whole Grain Rice 240 Cals Jasmine Rice (GF) 300 Cals

Wavy-Cut Fries (GF) 380 Cals Oven-Baked Mac 'N Cheese 310 Cals NEW!



Mashed Red Potatoes 210-230 Cals (GF) without gravy

Tasty Desserts



BROWNIE SUNDAE WITH OREO® PIECES NEW!

Warm chocolate brownie topped with premium vanilla ice cream, OREO® cookie pieces and drizzled with chocolate. 900 Cals 7.69

NEW YORK STYLE CHEESECAKE

Plain or with strawberry topping and whipped cream. 780-910 Cals 7.69

LAVA COOKIE SKILLET

Warm chocolate chip cookie filled with molten chocolate and topped with premium vanilla ice cream and salted caramel. 820 Cals 7.69

APPLE CRISP

Warm apple crisp topped with premium vanilla ice cream, salted caramel and powdered sugar. 740 Cals 7.69

LEMON & WHITE CHOCOLATE CHEESECAKE

Lemon custard and white chocolate cheesecake, baked on a graham cookie base and topped with lemon mousse. 490 Cals 8.39

COOKIES AND CREAM CAKE

Chewy chocolate brownie with cream cheese and chocolate cookie filling, layered with chocolate ganache and cookie mousse. 690 Cals 8.39



FOOD ALLERGIES?

Scan the QR code for our allergen guide or see server.

YOUR LOCAL DENNY'S





ORDER AT DENNYS.CA

Coffee

SIGNATURE DINER BLEND REGULAR • DECAF 0 Cals 3.79

SWEET CREAM COLD BREW NEW!



Medium roast, single origin Colombian coffee, poured over ice and topped with sweet cream. 130 Cals 4.39

Juice & Milk

MINUTE MAID® ORANGE JUICE 210 Cals 4.79

OTHER JUICES Selection may vary. 4.79 APPLE 240 Cals • TOMATO 90 Cals RUBY RED GRAPEFRUIT 220 Cals

2% MILK 240 Cals 4.79

CHOCOLATE MILK 290 Cals 4.79

Smoothies

TROPICAL GREEN (GF) 340 Cals 6.49 STRAWBERRY BANANA (F) 330 Cals 6.49

MANGO (GF) 340 Cals 6.49

Milk Shakes

STRAWBERRY 780 Cals 7.29

VANILLA 800 Cals 7.29 CHOCOLATE 830 Cals 7.29

1050 Cals 7.29

Lemonade & Iced Tea



PREMIUM LEMONADE 160 Cals 4.09 MANGO LEMONADE 180 Cals 4.89

STRAWBERRY LEMONADE 180 Cals 4.89

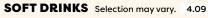
ICED TEA 110 Cals 4.09

LEMONADE ICED TEA 140 Cals 4.09

Other Beverages

HOT TEA / HERBAL TEA 0 Cals 3.99

HOT CHOCOLATE 350 Cals 4.49 DASANI® BOTTLED WATER 0 Cals 3.39



















BERRY STUFFED FRENCH TOAST SLAM® NEW!



Four slices of brioche French toast stuffed with sweet cream cheese filling and topped with strawberries, strawberry sauce and powdered sugar. Served with eggs,* bacon strips and sausage links. 1290-1430 Cals 18.69

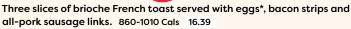
LUMBERJACK SLAM®

Buttermilk pancakes, grilled ham, bacon strips, all-pork sausage links, eggs*, crispy hash browns and choice of toast. 1140-1390 Cals 18.99

ALL-AMERICAN SLAM®

Three scrambled eggs with cheddar cheese, bacon strips, all-pork sausage links, crispy hash browns and choice of toast. 770-970 Cals 17.39

FRENCH TOAST SLAM® NEW!



Egg whites scrambled together with fresh spinach and grape tomatoes, plus turkey bacon strips, an English muffin and seasonal fruit. 350 Cals 14.69 (GF) when you choose the Gluten-Free English Muffin

ORIGINAL GRAND SLAM®

Two buttermilk pancakes served with eggs,* bacon strips and all-pork sausage links. 800-930 Cals 14.59

BUILD YOUR OWN GRAND SLAM®

Pick FOUR ITEMS 370-1100 Cals 14.59

2 Bacon Strips (GF) 140 Cals

2 Sausage Links (GF) 270 Cals 2 Turkey Bacon Strips (GF) 80 Cals

2 Eggs* (GF) 110-170 Cals

2 Egg Whites (GF) 35 Cals

2 Buttermilk Pancakes 350 Cals

2 Slices of Toast 160-280 Cals

English Muffin 200 Cals

Gluten-Free English Muffin (GF) 200 Cals

Hash Browns (GF) 110 Cals

Oatmeal 150 Cals 6 am - 2 pm only.

PREMIUM ITEMS

add 2.39 each Grilled Ham Slice (GF) 90 Cals Seasonal Fruit (GF) 170 Cals Selection may vary. Yogurt (F) 130 Cals 2 Hearty 9-Grain

Pancakes 290 Cals **ADD ADDITIONAL ITEMS**

2.39 each (Limit two items) Additional charge for premium items.

Savoury Omelettes

Served with crispy hash browns and choice of toast.

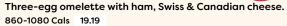
(GF) when you choose the Gluten-Free English Muffin

Three-egg omelette with crumbled sausage, bacon, fire-roasted bell peppers & onions, sautéed mushrooms, tomatoes and cheddar cheese. 1120-1320 Cals 19.49

DENVER OMELETTE

Three-egg omelette with ham, fire-roasted bell peppers & onions and Canadian cheese. 820-1020 Cals 19.19

MOONS OVER MY HAMMY® OMELETTE NEW!



PHILLY CHEESESTEAK OMELETTE

Three-egg omelette with grilled prime rib, fire-roasted bell peppers & onions, sautéed mushrooms and Swiss cheese. 960-1150 Cals 19.79

LOADED VEGGIE OMELETTE

Three-egg omelette with fresh spinach, sautéed mushrooms, fire-roasted bell peppers & onions, tomatoes and Swiss cheese. 750-940 Cals 19.19

Egg Quality Assurance™ is a certification mark used under license from Egg Farmers of Canada.

Served with two fresh eggs* made to order, crispy hash browns, plus two bacon strips or two all-pork sausage links.

DOUBLE BERRY BANANA PANCAKE SLAM

Buttermilk pancakes cooked with blueberries and topped with fresh seasonal berries and bananas. 800-1130 Cals 17.59 Berry selection based on seasonality.

CINNAMON ROLL PANCAKE SLAM

Buttermilk pancakes cooked with cinnamon crumb topping and topped with cream cheese icing. 1410-1740 Cals 17.59

CHOCONANA PANCAKE SLAM

HERSHEY'S chocolate chips cooked inside buttermilk pancakes and topped with bananas and more HERSHEY'S Chocolate chips. 1080-1410 Cals 17.59

HEARTY 9-GRAIN PANCAKE SLAM

Multigrain wheat pancakes made with flaxseeds, cinnamon & brown sugar.

Signature Breakfasts

BREAKFAST POUTINE

Seasoned red potatoes, topped with squeaky cheese curds and covered with Hollandaise sauce. 660 Cals 7.99

COUNTRY-FRIED STEAK & EGGS*

A Southern fried chopped beef steak smothered in rich country gravy. Served with two fresh eggs* crispy hash browns and choice of toast. 660-920 Cals 18.99

T-BONE STEAK* & EGGS*

A 13 oz. seasoned T-Bone steak.* Served with two fresh eggs,* crispy hash browns and choice of toast. 770-1020 Cals 24.99 (GF) when you choose the Gluten-Free English Muffin

SIRLOIN STEAK* & EGGS* NEW!

A 8 oz. Canadian seasoned sirloin steak. Served with two fresh eggs, hash browns and choice of toast. 840-990 Cals 22.59

THE GRAND SLAMWICH®

Scrambled eggs, crumbled sausage, bacon, ham and Canadian cheese on grilled artisan bread with a maple spice spread. Served with crispy hash

MOONS OVER MY HAMMY®

Ham and scrambled egg sandwich with Swiss & Canadian cheeses on grilled artisan bread. Served with crispy hash browns. 660 Cals 17.99

SANTA FE SIZZLIN' SKILLET (GF)

Crumbled chorizo sausage, fire-roasted bell peppers & onions, mushrooms and seasoned red potatoes. Topped with cheddar cheese and two fresh eggs.* 680-740 Cals 18.19

FIT FARE® VEGGIE SIZZLIN' SKILLET (GF)

Seasoned red potatoes, fire-roasted bell peppers & onions, mushrooms and broccoli. Topped with egg whites scrambled with spinach and grape tomatoes, Served with a side of salsa, 350 Cals 18.19

ADD TOAST TO ANY SKILLET 160-280 Cals 2.59

Please advise your server about food sensitivities & ensure you speak to a

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Starters & Salads

CHICKEN WINGS

Seasoned, lightly breaded chicken wings, golden-fried and crispy. Served with choice of dipping sauce. 760-960 Cals, Serves 2 15.29

PREMIUM CHICKEN TENDERS

Premium golden-fried chicken tenders with choice of dipping sauce. 690-890 Cals, Serves 2 15.29

CLASSIC SAMPLER

Golden-fried chicken wings, onion rings, mozzarella cheese sticks and wavy-cut fries. Served with choice of dipping sauces. 1280-1480 Cals, Serves 3 18.59

Sauces

Diner Q (GF) 150 Cals Blue Cheese (GF) 170 Cals Ranch (GF) 200 Cals BBO 70 Cals Honey Mustard (GF) 190 Cals Buffalo (GF) 130 Cals

BUILD YOUR OWN SAMPLER™ Served with choice of dipping sauces. PICK FOUR 970-2590 Cals 18.59 PICK THREE 700-1880 Cals 14.99

Premium Chicken Tenders 280 Cals Bacon Cheddar Tots 220 Cals Mozzarella Cheese Sticks 320 Cals

Onion Rings 310 Cals Seasoned Fries 400 Cals Wavy-Cut Fries 380 Cals

Chips & Queso 670 Cals ZESTY NACHOS (GF)

Tortilla chips freshly cooked and topped with Pepper Jack queso, cheddar cheese, seasoned nacho meat, fresh pico de gallo and sour cream. 1490 Cals, Serves 3 18.59 **HALF ORDER** 770 Cals, Serves 2 13.89

MOZZARELLA CHEESE STICKS

Eight golden-fried cheese sticks with a side of tomato sauce. 630 Cals, Serves 2 11.99

POUTINE

Wavy-cut fries covered with squeaky cheese curds and topped with rich gravy. 710 Cals, Serves 2 9.39

LOADED BACON CHEDDAR TOTS

Ten crispy tots made with shredded potatoes, bacon and cheddar cheese. Topped with Pepper Jack queso, more cheddar cheese, bacon and sour cream. 720 Cals, Serves 2 11.69

ADD SEASONED NACHO MEAT 200 Cals 2.59 TEN BACON CHEDDAR TOTS 360 Cals, Serves 2 9.99

ONION RINGS

Crispy-fried onion rings served with Diner Q sauce. 960 Cals, Serves 2 9.99

CINNAMON SUGAR PANCAKE PUPPIES® NEW!



Our signature pancake batter mix fried to perfection, tossed in cinnamon sugar and served with cream cheese icing.

TEN 650 Cals 6.49 SIX 450 Cals 4.99

LET'S COBB ABOUT IT PRIME RIB COBB SALAD NEW!



Prime rib, crispy bacon, fresh avocado, grape tomatoes, cheddar cheese, a hard-boiled egg and potato sticks atop a bed of iceberg mix. Served with your choice of dressing. 590-940 Cals 19.69

EGG-CELLENT GRILLED CHICKEN COBB SALAD NEW!



Grilled chicken, crispy bacon, fresh avocado, grape tomatoes, cheddar cheese, a hard-boiled egg and potato sticks atop a bed of iceberg mix. Served with your choice of dressing. 650-1010 Cals 19.79

MAMA'S FRIED CHICKEN HOUSE SALAD NEW!



Fried chicken tenders, fresh cucumbers, grape tomatoes, cheddar cheese and croutons atop a bed of iceberg mix. Served with your choice of dressing. 630-990 Cals 18.69

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Burgers & Handhelds



Served with wavy-cut fries.

MAKE IT A DOUBLE PATTY BURGER 550 Cals 4.59 more

FLAMIN' 5-PEPPER BURGER

Aged white cheddar cheese, bacon, jalapeños, 5-pepper sauce, mayo, lettuce, tomato, red onions and pickles on a brioche bun. 1390 Cals 19.39

DOUBLE CHEESEBURGER

Choice of Canadian, Swiss or aged white cheddar cheese with lettuce, tomato, red onions and pickles on a brioche bun. 1880-1920 Cals 20.19 **SINGLE ONLY** 1330-1370 Cals 17.99

BOURBON BACON BURGER

Aged white cheddar cheese, bacon, sautéed mushrooms, fireroasted bell peppers & onions, bourbon sauce, lettuce, tomato, red onions and pickles on a brioche bun. 1550 Cals 19.59

BACON AVOCADO CHEESEBURGER

Bacon, fresh avocado, aged white cheddar cheese, mayo, lettuce, tomato, red onions and pickles on a brioche bun. 1530 Cals 19.39

Crispy hash browns, a fresh egg* made to order, bacon and Canadian cheese stacked high on a brioche bun. 1470 Cals 18.59

> SUBSTITUTE A BEYOND MEAT PATTY GF on any burger for 2.49 280 Cals

BBO BACON CHICKEN SANDWICH NEW!



Grilled chicken breast topped with our signature BBQ sauce, two strips of bacon, white cheddar cheese, lettuce, tomato and sliced pickles on a grilled brioche bun. 1130 Cals 19.09

CRISPY CHICKEN BACON RANCH SANDWICH (NEW!)

Fried chicken breast with white cheddar cheese, bacon, lettuce, tomato and ranch dressing on grilled artisan bread. 1610 Cals 19.09

POT ROAST MELT

Tender slow-roasted beef, caramelized onions and aged white cheddar on grilled artisan bread. 1340 Cals 19.99

CALI CLUB SANDWICH

Turkey breast, ham, bacon, Swiss cheese, fresh avocado, sun-dried tomato mayo, lettuce and tomato on toasted multigrain bread. 1280 Cals 18.29

CLUB SANDWICH

Turkey breast, bacon, lettuce, tomato and mayo on toasted multigrain bread. 980 Cals 17.59

THE SUPER BIRD®

Turkey breast with Swiss cheese, bacon and tomato on grilled artisan bread. 1150 Cals 17.59

À La Carte Sides

Seasoned Fries 400 Cals 7.49 Wavy-Cut Fries (GF) 380 Cals 5.99 Onion Rings 450 Cals 7.29 Bacon Cheddar Tots 360 Cals 7.29 Hash Browns (GF) 110 Cals 4.99 Seasonal Fruit (GF) 170 Cals Selection may vary. 5.49 Garden Side Salad 180-280 Cals 6.99 Add side salad to any entrée 4.29

[†]Due to our cooking procedures, the Beyond Burger[®] may come in contact with animal-based products or ingredients and might not be 100% plant-based.

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