



**OVEN-BAKED  
MAC 'N CHEESE**

**MAC 'N BRISKET |  
SIZZLIN' SKILLET™**

# Sizzlin' Skillets

**ADD TOAST TO ANY SKILLET** 160-280 Cals 2.59

## BOURBON CHICKEN SIZZLIN' SKILLET

A grilled seasoned chicken breast covered with a bourbon glaze atop seasoned red potatoes, broccoli, fire-roasted bell peppers & onions and mushrooms. 860 Cals 20.59

## CRAZY SPICY SIZZLIN' SKILLET

Crumbled chorizo sausage, fire-roasted bell peppers & onions, mushrooms, jalapeños and seasoned red potatoes. Topped with grilled seasoned chicken breast, cheddar cheese, a spicy 5-pepper sauce and Pepper Jack queso. 810 Cals 20.59

**ADD TWO EGGS\*** <sup>GF</sup> 110-170 Cals 2.49

## MAC 'N BRISKET SIZZLIN' SKILLET <sup>NEW!</sup>

Slow-smoked brisket served over a bed of mac 'n cheese. Topped with three onion rings and BBQ sauce. 990 Cals 24.99

## BRISKET KICKER BBQ SIZZLIN' SKILLET

Slow-smoked brisket burnt ends served over a bed of crispy hash browns with fajita vegetables and cheddar cheese. Topped with onion rings and BBQ sauce. 1080 Cals 24.99

**ADD TWO EGGS\*** <sup>GF</sup> 110-170 Cals 2.49

**ADD SLICED JALAPEÑOS** <sup>GF</sup> 10 Cals 1.49

## BUTTER CHICKEN SIZZLIN' SKILLET

Grilled seasoned chicken breast covered with a mild butter chicken curry sauce atop whole grain rice and fire-roasted bell peppers & onions. 860 Cals 20.59

Please advise your server about food sensitivities & ensure you speak to a manager regarding any allergies.

Adults and youth (ages 13 and older) need an average of 2,000 calories a day, and children (ages 4 to 12) need an average of 1,500 calories a day. However, individual needs vary. Additional nutrition information available upon request.

<sup>GF</sup> indicates food options that are **GLUTEN-FREE**. Menu items marked as <sup>GF</sup> meet the FDA specified definition of less than 20 parts per million for a gluten-free claim. Please note that our restaurants are not set up as a strictly gluten-free environment. Due to shared preparation and cooking areas in our kitchens and the risk of cross-contact, we cannot guarantee that any item is free of any allergen. We do not maintain halal or kosher kitchens.

\*EGGS SERVED OVER-EASY, POACHED, SUNNY-SIDE-UP OR SOFT-BOILED AND STEAKS THAT ARE SERVED RARE OR MEDIUM-RARE MAY BE UNDERCOOKED AND WILL ONLY BE SERVED UPON THE CONSUMERS' REQUEST. NOTICE: CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS.

# Comfy Classics



## SIRLOIN STEAK\*

A Canadian 8 oz. seasoned sirloin steak\* Served with two sides and dinner bread. 890-1510 Cals 22.99

<sup>GF</sup> when you choose two Gluten-Free sides and the Gluten-Free English Muffin

## T-BONE STEAK\*

A tender 13 oz. seasoned T-Bone steak\* Served with two sides and dinner bread. 890-1510 Cals 25.49

<sup>GF</sup> when you choose two Gluten-Free sides and the Gluten-Free English Muffin

## COUNTRY-FRIED STEAK

Two Southern fried chopped beef steaks smothered in country gravy. Served with two sides and dinner bread. 1120-1740 Cals 18.99

## FISH & CHIPS

Three wild-caught white fish fillets fried golden-brown. Served with tartar sauce, wavy-cut fries plus one additional side and dinner bread. 1080-1390 Cals 18.99

## PLATE LICKIN' CHICKEN FRIED CHICKEN

Golden-fried boneless chicken breasts smothered in country gravy. Served with two sides and dinner bread. 750-1380 Cals 19.99

## PREMIUM CHICKEN TENDERS

Premium golden-fried chicken tenders with choice of dipping sauce. Served with two sides and dinner bread. 820-1440 Cals 18.99

## ROAST TURKEY

Tender carved turkey breast, savoury stuffing, gravy and cranberry sauce. Served with two sides and dinner bread. 1450-2070 Cals 18.99

## OVEN-BAKED LASAGNA <sup>NEW!</sup>

Pasta shells stuffed with four cheeses and seasoned beef, smothered in an Italian sausage & beef sauce and topped with cheese. Served with dinner bread. 1130 Cals 19.29

Additional baking time required.

## BROOKLYN SPAGHETTI & MEATBALLS

Seasoned meatballs atop a bed of pasta covered in tomato sauce and served with dinner bread. 1080 Cals 18.59

## MAMA D'S POT ROAST BOWL

Slow-cooked pot roast atop mashed red potatoes with roasted carrots, celery and onions all covered in rich gravy. Served with dinner bread. 630 Cals 19.99

# Dinner Sides

Sweet Petite Corn <sup>GF</sup> 120 Cals

Seasonal Vegetable <sup>GF</sup> 50 Cals

Whole Grain Rice 240 Cals

Jasmine Rice <sup>GF</sup> 300 Cals

Wavy-Cut Fries <sup>GF</sup> 380 Cals

Oven-Baked Mac 'N Cheese 310 Cals <sup>NEW!</sup>

Seasoned Red Potatoes <sup>GF</sup> 350 Cals

Mashed Red Potatoes 210-230 Cals

<sup>GF</sup> without gravy

# Tasty Desserts



## BROWNIE SUNDAE WITH OREO® PIECES <sup>NEW!</sup>

Warm chocolate brownie topped with premium vanilla ice cream, OREO® cookie pieces and drizzled with chocolate. 900 Cals 7.69

## NEW YORK STYLE CHEESECAKE

Plain or with strawberry topping and whipped cream. 780-910 Cals 7.69

## LAVA COOKIE SKILLET

Warm chocolate chip cookie filled with molten chocolate and topped with premium vanilla ice cream and salted caramel. 820 Cals 7.69

## APPLE CRISP

Warm apple crisp topped with premium vanilla ice cream, salted caramel and powdered sugar. 740 Cals 7.69

## LEMON & WHITE CHOCOLATE CHEESECAKE

Lemon custard and white chocolate cheesecake, baked on a graham cookie base and topped with lemon mousse. 490 Cals 8.39

## COOKIES AND CREAM CAKE

Chewy chocolate brownie with cream cheese and chocolate cookie filling, layered with chocolate ganache and cookie mousse. 690 Cals 8.39



## FOOD ALLERGIES?

Scan the QR code for our allergen guide or see server.

## YOUR LOCAL DENNY'S

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**ORDER AT DENNYS.CA**

# Coffee

**SIGNATURE DINER BLEND** **REGULAR • DECAF** 0 Cals 3.79

## SWEET CREAM COLD BREW <sup>NEW!</sup>

Medium roast, single origin Colombian coffee, poured over ice and topped with sweet cream. 130 Cals 4.39

# Juice & Milk

**MINUTE MAID® ORANGE JUICE** 210 Cals 4.79

**OTHER JUICES** Selection may vary. 4.79

**APPLE** 240 Cals • **TOMATO** 90 Cals

**RUBY RED GRAPEFRUIT** 220 Cals

**2% MILK** 240 Cals 4.79

**CHOCOLATE MILK** 290 Cals 4.79

# Smoothies

**TROPICAL GREEN** <sup>GF</sup> 340 Cals 6.49

**STRAWBERRY BANANA** <sup>GF</sup> 330 Cals 6.49

**MANGO** <sup>GF</sup> 340 Cals 6.49

# Milk Shakes

**STRAWBERRY** 780 Cals 7.29

**VANILLA** 800 Cals 7.29

**CHOCOLATE** 830 Cals 7.29

**OREO** 1050 Cals 7.29

# Lemonade & Iced Tea

**PREMIUM LEMONADE** 160 Cals 4.09

**MANGO LEMONADE** 180 Cals 4.89

**STRAWBERRY LEMONADE** 180 Cals 4.89

**ICED TEA** 110 Cals 4.09

**LEMONADE ICED TEA** 140 Cals 4.09

# Other Beverages

**HOT TEA / HERBAL TEA** 0 Cals 3.99

**HOT CHOCOLATE** 350 Cals 4.49

**DASANI® BOTTLED WATER** 0 Cals 3.39

**SOFT DRINKS** Selection may vary. 4.09



140 Cals



0 Cals



0 Cals



140 Cals



160 Cals



110 Cals



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# Signature Slams®

**BERRY STUFFED FRENCH TOAST SLAM®** NEW!  
Four slices of brioche French toast stuffed with sweet cream cheese filling and topped with strawberries, strawberry sauce and powdered sugar. Served with eggs,\* bacon strips and sausage links. 1290-1430 Cals 18.69

**LUMBERJACK SLAM®**  
Buttermilk pancakes, grilled ham, bacon strips, all-pork sausage links, eggs\*, crispy hash browns and choice of toast. 1140-1390 Cals 18.99

**ALL-AMERICAN SLAM®**  
Three scrambled eggs with cheddar cheese, bacon strips, all-pork sausage links, crispy hash browns and choice of toast. 770-970 Cals 17.39




**FRENCH TOAST SLAM®** NEW!  
Three slices of brioche French toast served with eggs\*, bacon strips and all-pork sausage links. 860-1010 Cals 16.39

**FIT SLAM®**  
Egg whites scrambled together with fresh spinach and grape tomatoes, plus turkey bacon strips, an English muffin and seasonal fruit. 350 Cals 14.69  when you choose the Gluten-Free English Muffin

**ORIGINAL GRAND SLAM®**  
Two buttermilk pancakes served with eggs,\* bacon strips and all-pork sausage links. 800-930 Cals 14.59

**BUILD YOUR OWN GRAND SLAM®**  
Pick **FOUR ITEMS** 370-1100 Cals 14.59

- 2 Bacon Strips  140 Cals
- 2 Sausage Links  270 Cals
- 2 Turkey Bacon Strips  80 Cals
- 2 Eggs\*  110-170 Cals
- 2 Egg Whites  35 Cals
- 2 Buttermilk Pancakes 350 Cals
- 2 Slices of Toast 160-280 Cals
- English Muffin 200 Cals
- Gluten-Free English Muffin  200 Cals
- Hash Browns  110 Cals
- Oatmeal 150 Cals *6 am - 2 pm only.*

- PREMIUM ITEMS**
- add 2.39 each
  - Grilled Ham Slice  90 Cals
  - Seasonal Fruit  170 Cals  
*Selection may vary.*
  - Yogurt  130 Cals
  - 2 Hearty 9-Grain Pancakes 290 Cals
- ADD ADDITIONAL ITEMS**
- 2.39 each (Limit two items)
  - Additional charge for premium items.

# Savoury Omelettes

Served with **crispy hash browns and choice of toast.**  when you choose the Gluten-Free English Muffin

**ULTIMATE OMELETTE®**  
Three-egg omelette with crumbled sausage, bacon, fire-roasted bell peppers & onions, sautéed mushrooms, tomatoes and cheddar cheese. 1120-1320 Cals 19.49

**DENVER OMELETTE**  
Three-egg omelette with ham, fire-roasted bell peppers & onions and Canadian cheese. 820-1020 Cals 19.19

**MOONS OVER MY HAMMY® OMELETTE** NEW!  
Three-egg omelette with ham, Swiss & Canadian cheese. 860-1080 Cals 19.19

**PHILLY CHEESESTEAK OMELETTE**  
Three-egg omelette with grilled prime rib, fire-roasted bell peppers & onions, sautéed mushrooms and Swiss cheese. 960-1150 Cals 19.79

**LOADED VEGGIE OMELETTE**  
Three-egg omelette with fresh spinach, sautéed mushrooms, fire-roasted bell peppers & onions, tomatoes and Swiss cheese. 750-940 Cals 19.19

Egg Quality Assurance™ is a certification mark used under license from Egg Farmers of Canada.

# Pancake Slams®

Served with **two fresh eggs\* made to order, crispy hash browns, plus two bacon strips or two all-pork sausage links.**

**DOUBLE BERRY BANANA PANCAKE SLAM**  
Buttermilk pancakes cooked with blueberries and topped with fresh seasonal berries and bananas. 800-1130 Cals 17.59  
Berry selection based on seasonality.

**CINNAMON ROLL PANCAKE SLAM**  
Buttermilk pancakes cooked with cinnamon crumb topping and topped with cream cheese icing. 1410-1740 Cals 17.59


**CHOCONANA PANCAKE SLAM**  
HERSHEY'S chocolate chips cooked inside buttermilk pancakes and topped with bananas and more HERSHEY'S Chocolate chips. 1080-1410 Cals 17.59

**HEARTY 9-GRAIN PANCAKE SLAM**  
Multigrain wheat pancakes made with flaxseeds, cinnamon & brown sugar. 680-1010 Cals 16.59

# Signature Breakfasts

**BREAKFAST POUTINE**  
Seasoned red potatoes, topped with squeaky cheese curds and covered with Hollandaise sauce. 660 Cals 7.99

**COUNTRY-FRIED STEAK & EGGS\***  
A Southern fried chopped beef steak smothered in rich country gravy. Served with two fresh eggs\*, crispy hash browns and choice of toast. 660-920 Cals 18.99


**T-BONE STEAK\* & EGGS\***  
A 13 oz. seasoned T-Bone steak\* Served with two fresh eggs\*, crispy hash browns and choice of toast. 770-1020 Cals 24.99  when you choose the Gluten-Free English Muffin

**SIRLOIN STEAK\* & EGGS\*** NEW!  
A 8 oz. Canadian seasoned sirloin steak\* Served with two fresh eggs\*, hash browns and choice of toast. 840-990 Cals 22.59

**THE GRAND SLAMWICH®**  
Scrambled eggs, crumbled sausage, bacon, ham and Canadian cheese on grilled artisan bread with a maple spice spread. Served with crispy hash browns. 1180 Cals 17.99

**MOONS OVER MY HAMMY®**  
Ham and scrambled egg sandwich with Swiss & Canadian cheeses on grilled artisan bread. Served with crispy hash browns. 660 Cals 17.99

**SANTA FE SIZZLIN' SKILLET **  
Crumbled chorizo sausage, fire-roasted bell peppers & onions, mushrooms and seasoned red potatoes. Topped with cheddar cheese and two fresh eggs\* 680-740 Cals 18.19

**FIT FARE® VEGGIE SIZZLIN' SKILLET **  
Seasoned red potatoes, fire-roasted bell peppers & onions, mushrooms and broccoli. Topped with egg whites scrambled with spinach and grape tomatoes. Served with a side of salsa. 350 Cals 18.19

**ADD TOAST TO ANY SKILLET** 160-280 Cals 2.59

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# Starters & Salads


**CHICKEN WINGS**  
Seasoned, lightly breaded chicken wings, golden-fried and crispy. Served with choice of dipping sauce. 760-960 Cals, Serves 2 15.29

**PREMIUM CHICKEN TENDERS**  
Premium golden-fried chicken tenders with choice of dipping sauce. 690-890 Cals, Serves 2 15.29

**CLASSIC SAMPLER**  
Golden-fried chicken wings, onion rings, mozzarella cheese sticks and wavy-cut fries. Served with choice of dipping sauces. 1280-1480 Cals, Serves 3 18.59

**BUILD YOUR OWN SAMPLER™** Served with choice of dipping sauces.  
**PICK FOUR** 970-2590 Cals 18.59 **PICK THREE** 700-1880 Cals 14.99

- Premium Chicken Tenders 280 Cals
- Bacon Cheddar Tots 220 Cals
- Mozzarella Cheese Sticks 320 Cals
- Chips & Queso 670 Cals
- Onion Rings 310 Cals
- Seasoned Fries 400 Cals
- Wavy-Cut Fries 380 Cals

**ZESTY NACHOS **  
Tortilla chips freshly cooked and topped with Pepper Jack queso, cheddar cheese, seasoned nacho meat, fresh pico de gallo and sour cream. 1490 Cals, Serves 3 18.59 **HALF ORDER** 770 Cals, Serves 2 13.89

**MOZZARELLA CHEESE STICKS**  
Eight golden-fried cheese sticks with a side of tomato sauce. 630 Cals, Serves 2 11.99

**POUTINE**  
Wavy-cut fries covered with squeaky cheese curds and topped with rich gravy. 710 Cals, Serves 2 9.39

**LOADED BACON CHEDDAR TOTS**  
Ten crispy tots made with shredded potatoes, bacon and cheddar cheese. Topped with Pepper Jack queso, more cheddar cheese, bacon and sour cream. 720 Cals, Serves 2 11.69  
**ADD SEASONED NACHO MEAT** 200 Cals 2.59  
**TEN BACON CHEDDAR TOTS** 360 Cals, Serves 2 9.99

**ONION RINGS**  
Crispy-fried onion rings served with Diner Q sauce. 960 Cals, Serves 2 9.99

**CINNAMON SUGAR PANCAKE PUPPIES®** NEW!  
Our signature pancake batter mix fried to perfection, tossed in cinnamon sugar and served with cream cheese icing. **TEN** 650 Cals 6.49 **SIX** 450 Cals 4.99

**LET'S COBB ABOUT IT PRIME RIB COBB SALAD** NEW!  
Prime rib, crispy bacon, fresh avocado, grape tomatoes, cheddar cheese, a hard-boiled egg and potato sticks atop a bed of iceberg mix. Served with your choice of dressing. 590-940 Cals 19.69

**EGG-CELLENT GRILLED CHICKEN COBB SALAD** NEW!  
Grilled chicken, crispy bacon, fresh avocado, grape tomatoes, cheddar cheese, a hard-boiled egg and potato sticks atop a bed of iceberg mix. Served with your choice of dressing. 650-1010 Cals 19.79

**MAMA'S FRIED CHICKEN HOUSE SALAD** NEW!  
Fried chicken tenders, fresh cucumbers, grape tomatoes, cheddar cheese and croutons atop a bed of iceberg mix. Served with your choice of dressing. 630-990 Cals 18.69

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# Burgers & Handhelds



Shown with Onion Rings upgrade.

Served with **wavy-cut fries.**  
**MAKE IT A DOUBLE PATTY BURGER** 550 Cals 4.59 more

**FLAMIN' 5-PEPPER BURGER**  
Aged white cheddar cheese, bacon, jalapeños, 5-pepper sauce, mayo, lettuce, tomato, red onions and pickles on a brioche bun. 1390 Cals 19.39

**DOUBLE CHEESEBURGER**  
Choice of Canadian, Swiss or aged white cheddar cheese with lettuce, tomato, red onions and pickles on a brioche bun. 1880-1920 Cals 20.19  
**SINGLE ONLY** 1330-1370 Cals 17.99

**BOURBON BACON BURGER**  
Aged white cheddar cheese, bacon, sautéed mushrooms, fire-roasted bell peppers & onions, bourbon sauce, lettuce, tomato, red onions and pickles on a brioche bun. 1550 Cals 19.59

**BACON AVOCADO CHEESEBURGER**  
Bacon, fresh avocado, aged white cheddar cheese, mayo, lettuce, tomato, red onions and pickles on a brioche bun. 1530 Cals 19.39

**SLAMBURGER™**  
Crispy hash browns, a fresh egg\* made to order, bacon and Canadian cheese stacked high on a brioche bun. 1470 Cals 18.59

**SUBSTITUTE A  BEYOND MEAT PATTY **  
on any burger for 2.49 280 Cals

**BBQ BACON CHICKEN SANDWICH** NEW!  
Grilled chicken breast topped with our signature BBQ sauce, two strips of bacon, white cheddar cheese, lettuce, tomato and sliced pickles on a grilled brioche bun. 1130 Cals 19.09

**CRISPY CHICKEN BACON RANCH SANDWICH** NEW!  
Fried chicken breast with white cheddar cheese, bacon, lettuce, tomato and ranch dressing on grilled artisan bread. 1610 Cals 19.09



**POT ROAST MELT**  
Tender slow-roasted beef, caramelized onions and aged white cheddar on grilled artisan bread. 1340 Cals 19.99

**CALI CLUB SANDWICH**  
Turkey breast, ham, bacon, Swiss cheese, fresh avocado, sun-dried tomato mayo, lettuce and tomato on toasted multigrain bread. 1280 Cals 18.29

**CLUB SANDWICH**  
Turkey breast, bacon, lettuce, tomato and mayo on toasted multigrain bread. 980 Cals 17.59

**THE SUPER BIRD®**  
Turkey breast with Swiss cheese, bacon and tomato on grilled artisan bread. 1150 Cals 17.59

## À La Carte Sides

Seasoned Fries 400 Cals	7.49
Wavy-Cut Fries  380 Cals	5.99
Onion Rings 450 Cals	7.29
Bacon Cheddar Tots 360 Cals	7.29
Hash Browns  110 Cals	4.99
Seasonal Fruit  170 Cals <i>Selection may vary.</i>	5.49
Garden Side Salad 180-280 Cals	6.99
Add side salad to any entrée	4.29

\*Due to our cooking procedures, the Beyond Burger® may come in contact with animal-based products or ingredients and might not be 100% plant-based.